

PDPM PHYSICAL THERAPY

In PDPM, every Skilled Med-A patient will be assigned a PT Component whether or not they receive PT treatment. The PT Component of a patient's per diem rate will consist of 3 factors:

- **Clinical Category** – based off of patient's diagnosis that is the reason for the SNF stay.
- **Function Score** – based off of a sum of 10 Section GG self-care and mobility items of the MDS.
- **Variable Per Diem Adjustment Rate** – 2% reduction every 7 days after day 20.

4 PT Clinical Categories	10 PDPM Clinical Categories
Major Joint Replacement or Spinal Surgery	Major Joint Replacement or Spinal Surgery
Non-Orthopedic Surgery and Acute Neurologic	Non-Orthopedic Surgery Acute Neurologic
Other Orthopedic	Non-Surgical Orthopedic/Musculoskeletal Orthopedic Surgery
Medical Management	Medical Management Acute Infections Cancer Pulmonary Cardiovascular and Coagulations

Function Score is obtained from 10 items of

Section GG on MDS: The higher the score the greater the independence; the lower the score the greater the dependence.

MDS Section GG Item	SCORE
Self-Care: Eating	0-4
Self-Care: Oral Hygiene	0-4
Self-Care: Toileting Hygiene	0-4
Mobility: Sit to lying	0-4 (average of 2 items)
Mobility: Lying to sitting on side of bed	
Mobility: Sit to stand	0-4 (average of 3 items)
Mobility: Chair/bed-to-chair transfer	
Mobility: Toilet transfer	
Mobility: Walk 50 feet with 2 turns	0-4 (average of 2 items)
Mobility: Walk 150 feet	
TOTAL:	0-24

PT Case Mix Group and Case Mix Index: Every patient will be assigned a Case Mix Group that is dependent on the PT Clinical Category and the patient's Function Score from section GG of the MDS.

The Case Mix Index is a base number, think of it as a weighted score. This weighted score will then be multiplied by a set variable to determine the PT Component per diem rate for each patient.

PT Clinical Category	Function Score	PT Case Mix Group	PT Case Mix Index
Major Joint Replacement or Spinal Surgery	0-5	TA	1.53
	6-9	TB	1.70
	10-23	TC	1.88
	24	TD	1.92
Other Orthopedic	0-5	TE	1.42
	6-9	TF	1.61
	10-23	TG	1.67
	24	TH	1.16
Medical Management	0-5	TI	1.13
	6-9	TJ	1.42
	10-23	TK	1.52
	24	TL	1.09
Non-Orthopedic Surgery And Acute Neurologic	0-5	TM	1.27
	6-9	TN	1.48
	10-23	TO	1.55
	24	TP	1.08

PT Variable Per-Diem Adjustment Rate: The PT Component consists of a full rate of reimbursement for days 1-20. There will be a 2% reduction in the per diem rate for PT every 7 days after day 20 because CMS feels the cost associated with services PT delivers is diminished throughout the patient's skilled stay.